

SHIN SOMATICS®
created by Sondra Fraleigh
eastwestsomatics.com

EASTWEST WILL HOLD A TRAINING WORKSHOP
APRIL 13 THROUGH APRIL 17TH, 2009 FEE: 443.00 (PRICE CUT/ RECESSION)
TAUGHT BY DOROTHY KRISTIN HANNA
IN A SOUTHERN MANSION---THE HOME OF ARODASI® HEALING CENTER

Ms. Hanna has a unique approach to Hands on Work for the healing of the human body. Using Sondra Fraleighs last published book "--Land to Water Yoga--" as a guide, she will share daily how somatics is an approach to healing through movement. Workshops include explorations of going inside and discovering the creative self and your intuitive dance,



Dance defines itself as Movement done with Rhythm. We all have an innate rhythm that is waiting to be discovered. Looking inside to connect to the world outside. Come find your dance, your being, your presence.

Dorothy Kristin Hanna

Registered Somatic Movement Therapist and Educator, Feldenkrais Practitioner®. Reiki Master,

Creator of Arodasi Dance® and Arodasi Yoga®

For more information and to Register:: eastwestsomatics.com

TRAIN TO BECOME A SOMATIC THERAPIST AND EDUCATOR, ISMETA.COM

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